



2014 Coaching Requirements

The requirements listed below are necessary to ensure that all coaches in British Columbia hold a high standard of care and performance for themselves and their players.

Simple step by step to coaching:

(see requirements for more details on each step)

- a. Identify a team / organization you would like to coach with and contact them directly
- b. Follow directions from the specific club to move forward coaching
- c. Obtain a Criminal Record Check from local Police Department
- d. Take an NCCP course, check with the Football BC website www.playfootball.bc.ca for football coaching courses being offered
- e. Once you take an NCCP course in any sport you will receive an NCCP number from the course facilitator
- f. With an NCCP number you will set up access to “the locker” <https://nccp.coach.ca/Account/Login?ReturnUrl=%2f> which is a coaches database that includes your coaching transcript for all training, courses and professional development done through Coaching Canada (this includes all sports)
- g. NCCP number and locker are set up then you can take online courses such as Making Ethical Decisions and with completion, it will immediately be recorded in your “locker”
- h. Continue to access your locker, update personal information and ensure each course taken is recorded

Requirements:

1. **As of July 1, 2015, the BC Government will require organizations funded by the Province of British Columbia to have all coaches trained.**
Under the new NCCP system, no individual is granted certified status **UNTIL** they have been evaluated by an evaluator.
This applies whether you are a new coach in the system or you are an existing coach that has previously gone through Level I, II or III training. Football BC will be providing information on the Evaluation process in the Spring of 2014.
2. **Starting July 1, 2014, Football BC will require every coach who is being insured by Football BC to have taken the Football Canada or Football BC equivalent “Safe Contact Program.”**
Every coach has the responsibility to be able to properly teach tackling and blocking and to conduct that training in a safe and progressive manner according to the experience and capabilities of his/her athletes. Every player on a team must be able to tackle and block correctly.
As part of Football Canada’s National Coaching Certification Program (NCCP), every coach must complete this Module and demonstrate during the Formal



On-site Observation his/her competency in conducting contact safely as part of the National Coaching Certification Program.

Conducting safe contact will address the following topics:

- Recognizing the risks involved in a contact activity and the factors that increase the risks
- Reducing the risks of injury by properly preparing for contact activities
- Dealing with the Fear of Contact
- Instruction in the current recommended tackling and blocking techniques
- Instruction in conducting basic tackling and blocking drills
- Designing and conducting drills that are appropriate for athletes at the three stages of skill Development

The activities to accomplish the desired outcome for “Safe Contact” will be:

- Mini-lectures
- Instruction and demonstration of proper tackling and blocking techniques
- Workbook exercises

If coaches have completed to Competition Introduction course offered since 2010 then it was covered and the coaches have completed the requirement which is part of that course.

3. **Must be familiar with Football BCs concussion policy** – able to communicate it to parents, and players. • Football BC will provide concussion cards free of charge to associations and schools which will be distributed to all coaches, team personnel, parents and athletes.
4. **The Locker** – be comfortable logging in and out of the locker and changing any personal contact information and checking your own coaches transcript.
5. **Making Ethical Decisions** – All Coaches must complete their Making Ethical Decisions Online (<http://www.coach.ca/elearning-s13846>) *It is strongly recommended that coaches participate in a Making Ethical Decisions workshop (offered as part of a Competition Introduction Course) the success rate is 70% greater when the workshop is completed before the online evaluation.
6. **“Making Head Way in Football”** eLearning course available at www.coach.ca. Please note you will require a CC# to take this course. Upon completion, this course will be permanently noted on your transcript. ****This course is currently free for a limited time only****
7. **Criminal Record Checks**
For volunteer coaches a criminal record check is often done for free however please check with your local municipality and police department as it does vary.
8. **Yearly Education Coaching Program** – each year coaches seek out opportunities to review past information and learn new information. Always attend the Football BC Annual Conference.